



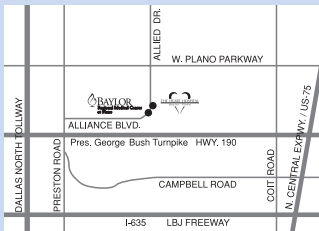
#### Quick Facts

- All larger than average, private rooms
- All rooms have internet access
- All rooms have a 30-inch LCD television
- Room service 7 a.m. to 7 p.m.
- All registered nursing staff
- Family dining lounges with kitchenettes
- Business centers
- Concierge services
- Free parking garage and valet service
- Smoke free campus
- Pet therapy available
- Full time pastoral care services
- Shares a campus with THE HEART HOSPITAL Baylor Plano

#### Awards and Accreditations

- Fourth ranked hospital in Collin County on *U.S. News and World Report's* Best Regional Hospitals list
- Commission on Cancer Outstanding Achievement Award
- Aetna Institutes of Quality® Bariatric Surgery Facility Accredited Community Hospital
- Comprehensive Cancer Program by the American College of Surgeons Commission on Cancer
- Accredited by the National Accreditation Program for Breast Centers
- Aetna Institutes of Quality® Orthopedic Care Spine Surgery
- Texas Award for Performance Excellence, 2010
- Blue Distinction Center for Knee and Hip Replacement<sup>SM</sup>, Blue Distinction Center for Spine Surgery<sup>SM</sup>, Blue Distinction Center for Bariatric Surgery®
- Pathway to Excellence™ designation of American Nurses Credentialing Center

For a complete list visit  
[BaylorHealth.com/Plano](http://BaylorHealth.com/Plano)



#### FOR MORE INFORMATION, CONTACT:

Baylor Regional Medical Center  
at Plano  
4700 Alliance Blvd.  
Plano, Texas 75093  
469.814.2000

## Baylor Regional Medical Center at Plano

Baylor Regional Medical Center at Plano is a 112-bed acute care hospital committed to serving our adult neighbors in North Texas since December, 2004 by providing personalized care and advanced technology on a beautiful campus.

### HIGHLIGHTS

#### **Baylor Scoliosis Center**

Since 2005 the Baylor Scoliosis Center, the first center of its kind in the Dallas/Fort Worth Metroplex, has been devoted to treatment, surgery and care of advanced spine curvature in adults and adolescents. The Center gives new hope to people living with the pain and disfigurement of scoliosis - even those who previously thought their condition was untreatable.

For more information on the Center or to view patient testimonials, visit [TheBaylorScoliosisCenter.com](http://TheBaylorScoliosisCenter.com) or call 972.985.2797.

#### **Battling Obesity**

Since 2005 the Baylor Scoliosis Center, the first center of its kind in the Dallas/Fort Worth Metroplex, has been devoted to treatment, surgery and care of advanced spine curvature in adults and adolescents. Physicians, nurses, dietitians, psychologists, therapists, program and insurance coordinators offer support and guidance before, during and after a laparoscopic surgical procedure.

Along with revision surgery, Baylor Plano offers three FDA-approved procedures: laparoscopic Roux-en-Y gastric bypass (RYGB), gastric banding and sleeve gastrectomy, which reduce the size of the stomach and limit food intake.

The Baylor Plano Weight Loss Surgery Center has been designated a Center of Excellence by the American Society for Metabolic and Bariatric Surgery and as a Blue Distinction Center for Bariatric Surgery® by Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation, a Mutual Legal Reserve Company, an Independent Licensee of the Blue Cross and Blue Shield Association.

To register for a free educational seminar, call 1.800.4BAYLOR (422.9567).

#### **Orthopedic and Sports Medicine Services**

Orthopedic and Sports Medicine Services at Baylor Plano helps patients return to a pain-free lifestyle. The care we offer is comprehensive. With specialists in joint replacement, sports medicine, foot and ankle, and general orthopedic needs, we've got you covered.

Baylor Regional Medical Center at Plano has been designated as a Blue Distinction Center for Knee and Hip Replacement<sup>SM</sup> and Spine Surgery<sup>SM</sup> by Blue Cross and Blue Shield of Texas, a Division of Health Care Service Corporation. Call 469.814.HIPS (469.814.4477) or 877.44.SPORT (877.447.7678) for an appointment.

#### **Women's Services**

Baylor Plano treats nearly all the health conditions a woman could face, except pregnancy-related issues. Baylor Regional Medical Center at Plano is the first hospital in Collin County accredited by the National Accreditation Program for Breast Centers.

Designation as Blue Distinction Centers® means these facilities' overall experience and aggregate data met objective criteria established in collaboration with expert clinicians' and leading professional organizations' recommendations. Individual outcomes may vary. To find out which services are covered under your policy at any facilities, please call your local Blue Cross and/or Blue Shield Plan.

Women also have access to two registered nurses to help patients navigate their way through the sea of services and resources available at Baylor Plano.

Extended mammography hours are offered at three locations to help women fit this important screening into their busy schedules. Call 1.800.4BAYLOR (422.9567) for an appointment.

**Imaging Services:** Digital imaging services are offered at three convenient locations: on the campus of Baylor Regional Medical Center at Plano, at Baylor Diagnostic Imaging Center at Craig Ranch and Baylor Regional Medical Center at Plano Elizabeth Jekot, M.D. Breast Imaging Center. Baylor Diagnostic Imaging Center at Craig Ranch was the first center in Texas to offer dual-head molecular breast imaging (MBI), used in conjunction with mammography for patients at an increased risk for breast cancer and those with dense breast tissue. Ask your physician's office to call 469.814.5500 to schedule an appointment.

#### **Advanced Technology and Services**

Since opening, Baylor Plano has added new services and technology, including minimally invasive procedures to help patients get back to their lives sooner.

**Ablation of Barrett's Esophagus:** This procedure, similar to an upper endoscopy, is used to help treat Barrett's esophagus, a complication of gastroesophageal reflux disease, also known as GERD.

**da Vinci® S Surgical System:** Baylor Plano is the first hospital in north Dallas and Collin County to offer minimally invasive surgery through the FDA approved da Vinci® S Surgical System, a robotic platform designed to enable complex procedures through 1-2 cm incisions. Potential patient benefits include shorter hospital stay, less pain, less risk of infection, less blood loss, fewer transfusions, less scarring, faster recovery and quicker return to normal daily activities.

**Holmium Laser:** This minimally invasive treatment to relieve enlarged prostate symptoms is intended to lessen the effects of transurethral resection of the prostate. With holmium laser therapy, many patients experience less pain, spend less time in the hospital, and are able to begin regular activities within a week. In addition, many patients are able to begin regular activities within a week.

**Radio Frequency Ablation:** RFA is a minimally invasive technique that helps physicians destroy kidney, liver and bone tumors by carefully burning them, sparing healthy tissue nearby. The technique utilizes a probe that emits radio-frequency waves from its tip, killing tissue immediately adjacent to it.

**SpyGlass® Direct Visualization System:** This advanced technology gives gastroenterologists the ability to look inside something as tiny as a bile duct – allowing better diagnoses of conditions like gallstones, suspected cancers, obstructions and cystic lesions.

**Stryker® Navigation System:** This system helps surgeons perform brain, spine and sinus surgeries more safely and effectively by improving the surgeon's vision throughout the procedure. During surgery, an infrared camera and tracking software help guide doctors as they operate by displaying an image of the surgical site on a large screen.

**superDimension inReach™ system:** This system allows doctors to use a 3-D road map of your lungs to plot a route that a set of catheters can follow to reach a lesion in the lungs, much like a GPS system for your lungs. With 360-degree steering and an electromagnetic sensor tracking its position, doctors can steer the catheters right to the lesion in question. They can then pass tiny surgical tools to the site via the catheter to take a biopsy for testing and diagnosis. The biopsy determines whether a nodule is cancerous, or caused by an infection. With these biopsy details, your doctor can better diagnose your lung disease and start you on the appropriate treatment program.

#### **Specialty Services**

- Allergy
- Arthritis care
- Barrett's Esophagus treatment
- Behavioral Health Center
- Breast care
- Cardiopulmonary
- Colon-rectal surgery
- Dermatology
- Diabetes Management Program
- Emergency medicine
- ENT (Ear, Nose, Throat)
- Endocrinology
- Family medicine
- Gastroenterology
- General surgery
- Geriatric medicine
- Gynecology
- Gynecologic oncology
- Hematology
- Imaging services - Digital
- Infectious diseases
- Internal medicine
- Interventional radiology
- Molecular breast imaging
- Nephrology
- Neurology
- Neurosurgery
- Oncology
- Ophthalmology
- Oral, dental and maxillofacial surgery
- Orthopedic surgery
- Pathology
- Pain management
- Physical medicine and rehabilitation
- Plastic surgery
- Podiatry
- Pulmonary medicine
- Radiology
- Radiation oncology
- Rheumatology
- Scoliosis surgery
- Sleep disorders
- Surgical oncology
- Thoracic surgery
- Urology surgery
- Urogynecology
- Vascular surgery
- Weight loss surgery
- Women's Imaging Center
- Women's Services
- Wound Care