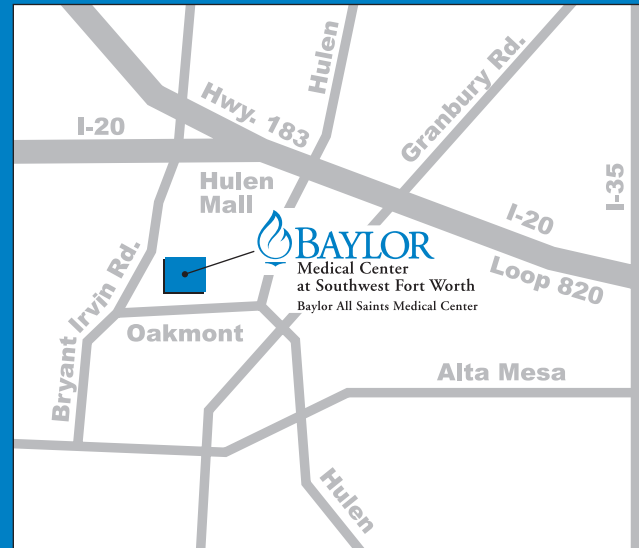


 **BAYLOR**
Medical Center
at Southwest Fort Worth
Baylor All Saints Medical Center

7100 Oakmont Blvd.
Fort Worth, TX 76132
1.800.4BAYLOR
BaylorHealth.com/SouthwestWeightLoss



Weight Loss Surgery Program

Baylor Medical Center at Southwest Fort Worth



Take charge of your weight and your life.

The free seminars are held at Baylor All Saints Medical Center at Fort Worth and Baylor Southwest.

To register for an upcoming seminar or for more information, please call **1.800.4BAYLOR** or visit us online at **BaylorHealth.com/SouthwestWeightLoss**.

 **BAYLOR**
Medical Center
at Southwest Fort Worth
Baylor All Saints Medical Center

Physicians are members of the medical staff at one of Baylor Health Care System's subsidiary, community, or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Medical Center at Southwest Fort Worth, or Baylor Health Care System. ©2010 Baylor Health Care System. BMCSWFW_100_FY10, Weight Loss Surgery Brochure, MOD-10043, 1.000, 3/10.

 **BAYLOR**
Medical Center
at Southwest Fort Worth
Baylor All Saints Medical Center



FOR MORE INFORMATION

If you believe you are a candidate for weight loss surgery and would like to learn more about the Weight Loss Surgery Program at Baylor Southwest, we invite you to attend one of our informational seminars led by the bariatric surgeons on our medical staff.

The seminar will provide detailed information about the procedure and other aspects of the program. If you are cleared for a weight loss surgical procedure, completion of this seminar is required before surgery.

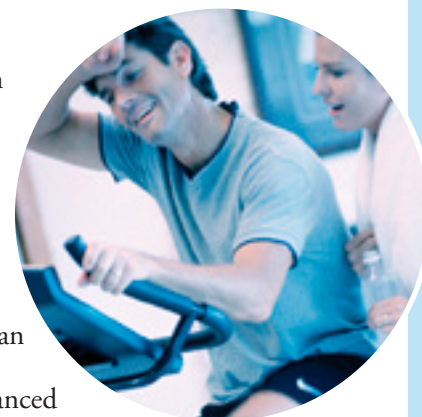
The free seminars are held at Baylor All Saints Medical Center at Fort Worth and Baylor Southwest.

To register for an upcoming seminar or for more information, please call
1.800.4BAYLOR or visit us online at
BaylorHealth.com/SouthwestWeightLoss.

Obesity is now epidemic in the United States. Almost two-thirds of adults are overweight or obese. Obesity is one of the leading causes of preventable death. More than 500,000 Americans die prematurely each year from obesity-related complications.

If you are overweight, you are more at risk for health problems, such as diabetes, heart disease, osteoarthritis, high blood pressure, acid reflux disease, sleep apnea and depression. Obesity also can lead to problems with skin, urination, infertility or irregular menstruation, as well as many others. Obese individuals also are at increased risk for certain types of cancer.

The Weight Loss Surgery Program at Baylor Medical Center at Southwest Fort Worth is a comprehensive program that can lead to successful weight loss and an improved quality of life. Our advanced medical procedures, quality patient care and skilled surgeons on the medical staff all work together to help patients achieve and maintain their weight loss goals.



WEIGHT LOSS SURGERY

If you have tried to lose weight numerous times by other means and have been unsuccessful, you may be a candidate for weight loss surgery. To qualify for this surgery, individuals must have a Body Mass Index (BMI) of 40 or more. A BMI of 35 or more with medical conditions such as high blood pressure or acid reflux also may qualify an individual for weight loss surgery.

Types of Weight Loss Surgery

The Weight Loss Surgery Program at Baylor Southwest offers three types of minimally invasive surgical options:

- Laparoscopic adjustable gastric banding (Lap-Band®)
- Laparoscopic Roux-en-Y gastric bypass (RYGB)
- Laparoscopic gastric sleeve (GS)

All of these procedures are performed on an outpatient basis, and most patients go home within 24 hours. This reduces time off from work and promotes a faster recovery.

Weight loss surgery is a lifetime commitment.

The decision to have weight loss surgery is a serious one. If you qualify, you must understand the risks and possible complications, which will be fully explained by your surgeon. Weight loss surgery is not a quick fix. You must be willing to permanently change your lifestyle. It's a lifetime commitment.

Lifetime Education and Support

The Weight Loss Surgery Program team is available to support you before, during and after surgery. The multidisciplinary team includes a dietitian and a psychologist on staff who work together to help you build a healthier lifestyle throughout your weight loss journey.



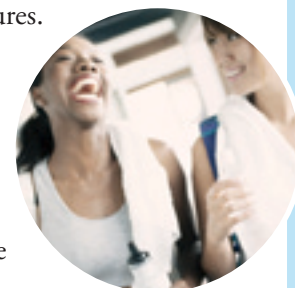
Because weight loss surgery changes the digestive process, nutritional counseling is essential to learning new techniques for eating. For patients who undergo gastric bypass (Roux-en-Y), the dietitian provides education and tools about food intolerances and avoiding nutritional deficiencies.

The techniques you learn from the Baylor Southwest dietitian are lifestyle changes that will assist you for the rest of your life. Whether you're eating out or cooking at home, if you become discouraged or need clarification, the dietitian is available to create or modify individual eating plans.

INSURANCE COVERAGE

Many insurance providers cover Lap-Band, laparoscopic gastric bypass and laparoscopic gastric sleeve procedures.

In some cases, individuals may be required to participate in a medically supervised weight loss program prior to qualifying for surgery. Contact your insurance provider to determine your specific policy requirements.



At Baylor Medical Center at Southwest Fort Worth, our advanced medical procedures, skilled surgeons on the medical staff and quality, compassionate patient care come together to help patients achieve and maintain their weight loss goals.

