



Baylor Health Care System Mission

Founded as a Christian ministry of healing, Baylor Health Care System exists to serve all people through exemplary health care, education, research and community service.

Baylor Regional Medical Center at Plano Fiscal Year 2007 Statistics

- 5,942 admissions
- 15,144 emergency department visits
- 20,897 outpatient visits (excluding home care and emergency department)
- 75.2% occupancy rate
- 4.30 days, average length of stay
- 128 licensed beds
- 860 physicians, total medical staff
- 531 full-time employees
- Opened in December 2004
- Larger-than-average private rooms
- Wireless environment
- 30-inch LCD television in all rooms
- All registered nursing staff
- All board-certified or board-eligible physicians
- Family dining lounges with kitchenettes
- Free parking garage and complimentary valet parking
- Smoke-free campus
- Pet therapy available
- Full-time pastoral care services

Baylor Regional Medical Center at Plano

Baylor Regional Medical Center at Plano brings residents of Collin County and North Texas the benefits of an acute care medical and surgical facility that meets adult health care needs. Collin County residents can find comprehensive diagnosis, treatment, rehabilitation and follow-up care on this smoke-free campus. Highly specialized clinical services include internal medicine, gastroenterology, neurology, dermatology, pulmonology, orthopaedics, medical and radiation oncology, and cardiovascular services. As part of Baylor Health Care System, Baylor Plano offers patients access to innovative treatments and clinical trials performed through Baylor Research Institute in areas such as oncology and cardiovascular services. In addition, the Baylor Plano campus is the home to THE HEART HOSPITAL Baylor Plano, the first dedicated heart hospital in Collin County.

HIGHLIGHTS

Weight Loss Surgery Program

For those who have unsuccessfully battled a serious weight problem, the Weight Loss Surgery Center at Baylor Plano offers a multidisciplinary approach to this struggle. Physicians, nurses, dietitians, psychologists, and program and insurance coordinators offer support and guidance for a variety of non-surgical weight loss options, and support before, during and after for patients choosing a laparoscopic surgical procedure. Baylor Plano offers two FDA-approved procedures: laparoscopic Roux-en-Y gastric bypass (RYGB) and laparoscopic adjustable gastric band (Lap-Band® surgery), which reduce the size of the stomach and limit food intake. Call 1-800-4BAYLOR (422-9567) for more information.

Women's Center

Baylor Women's Center at Plano treats nearly all the health conditions a woman could face, except pregnancy-related issues. Health services offered include diagnosis and treatment for heart disease and stroke, diabetes, osteoporosis, skin conditions, cancer, senior care and breast care. Women with questions about their health can access appropriate medical resources whether it's an internist, cardiologist, endocrinologist, rheumatologist, radiologist or other specialist, depending upon their need. Call 469-814-6753 for more information.

Sleep Center

Snoring may be a sign of sleep apnea, a condition that affects 4 percent of men and 2 percent of women in the United States. At Baylor Plano, sleep specialists can help diagnose and treat this serious medical condition. Sleep apnea is a risk factor for cardiac disease, high blood pressure and stroke, as well as auto accidents and poor work performance because patients are frequently fatigued. But treatment is available for this sleep disorder and other sleep conditions. Call 469-814-2576 for more information.

Scoliosis Center

Scoliosis is a spinal condition that affects 12 million people worldwide. The Baylor Scoliosis Center is the first center of its kind in the Dallas/Fort Worth Metroplex devoted to treatment, surgery and care of advanced spine curvature in adults. Although scoliosis usually appears during adolescence, the condition can affect people well into adulthood. The center also is a national clinical trial site. Call toll-free 1-888-781-5558 for more information.

Back to Golf Program

Nearly 80 percent of golfers occasionally suffer from injury, and most injuries involve the back. Research shows that during the golf swing, the spine can experience loads up to seven times the

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1-800-4BAYLOR

body weight. The Back to Golf program, utilizing the expertise of physical therapists, can help correct swings that produce incredible stress on the back, shoulders and elbows. Call 469-814-2550 for more information.

Robotic Surgery

The da Vinci® S. Surgical System treats a variety of gynecologic conditions – particularly hysterectomies and uterine fibroids – with less scarring, less risk of infection and faster recovery. This innovative system also is used effectively in prostate surgery. The da Vinci integrates 3D High-Definition endoscopy and advanced robotic technology to improve the surgeon’s views and surgical precision. Baylor Plano is among a handful of North Texas hospitals offering this new technology.

Digital Mammography

The new digital mammography technology computerizes the X-ray, enabling physicians to use a lower dose of radiation. Digital mammography is better than traditional film mammography for women who are under age 50; those who have dense breasts, and those who are pre- or peri-menopausal. While reading the digital mammogram, physicians can easily adjust the brightness, contrast and zoom into questionable areas for a more precise view.

COMMUNITY PROGRAMS

Baylor Plano continues the Baylor Health Care System tradition of community service. Priorities include preventing injuries, cardiovascular disease, diabetes and promoting general wellness. For fiscal year 2007, Baylor Health Care System will report \$390 million* in community benefit, which includes providing care for charity patients and patients enrolled in government programs such as Medicare and Medicaid, as well as the unreimbursed costs of medical education, research and community programs.

LEADERSHIP

Jerri Garison, president, Baylor Regional Medical Center at Plano

LOCATION MAP



Baylor Regional Medical Center at Plano
4700 Alliance Blvd.
Plano, Texas 75093
(469) 814-2000

Specialty Services

- Allergy
- Arthritis care
- Breast care
- Cardiology & cardiac surgery
- Colon-rectal surgery
- Dermatology
- Diabetes management program
- Emergency medicine
- ENT (Ear, Nose, Throat)
- Endocrinology
- Family medicine
- Gastroenterology
- General surgery
- Geriatric medicine
- Gynecology
- Gynecologic oncology
- Hematology
- Infectious diseases
- Internal medicine
- Interventional radiology
- Nephrology
- Neurology
- Neurosurgery
- Oncology
- Ophthalmology
- Oral, dental and maxillofacial surgery
- Orthopaedic surgery
- Pathology
- Pain management
- Physical medicine and rehabilitation
- Plastic surgery
- Podiatry
- Pulmonary medicine
- Radiology
- Radiation oncology
- Rheumatology
- Scoliosis surgery
- Sleep disorders
- Surgical oncology
- Thoracic surgery
- Urology surgery
- Urogynecology
- Vascular surgery
- Weight loss surgery
- Women’s services
- Wound care

*Represents preliminary information that will be reported to the Texas Department of State Health Services.

Physicians are members of the medical staff at one of Baylor Health Care System’s subsidiary, community, or affiliated medical centers and are neither employees nor agents of those medical centers, Baylor Regional Medical Center at Plano or Baylor Health Care System.