



BAYLOR

Regional Medical Center
at Plano

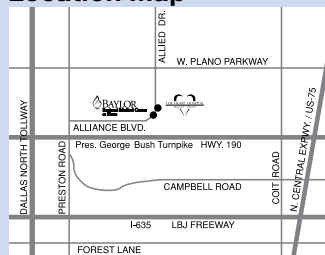
Quick Facts

- All larger than average, private rooms
- All rooms have internet access
- All rooms have a 30-inch LCD television
- Most rooms have a safe for valuables
- Room service 7 a.m. to 7 p.m.
- All registered nursing staff
- All board certified or board eligible physicians
- Family dining lounges with kitchenettes
- Business centers
- Free notary service to patients
- Free parking garage and valet service
- Smoke free campus
- Pet therapy available
- Full time pastoral care services
- Home to THE HEART HOSPITAL Baylor Plano

Awards and Accreditations

- Texas Award for Performance Excellence, 2010
- Blue Distinction Center® for Knee Replacement, 2010; Spine Surgery, 2010; and Bariatrics, 2008
- Texas Health Care Quality Improvement Achievement Award, 2009
- The College of American Pathologists (CAP) Laboratory Accreditation Program, 2007, 2009
- Joint Commission on Accreditation of Healthcare Organizations (JCAHO), 2008
- Pathway to Excellence™ designation of American Nurses Credentialing Center, 2007
- Texas Health Care Quality Improvement Award of Excellence, 2007
- VHA Leadership Award for Clinical Excellence, 2007

Location Map



FOR MORE INFORMATION, CONTACT:

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at Plano
4700 Alliance Blvd.
Plano, Texas 75093
(469) 814-2000

www.BaylorHealth.com/Plano

1-800-4BAYLOR

Baylor Regional Medical Center at Plano

Baylor Regional Medical Center at Plano is a 112-bed acute care hospital committed to serving our adult neighbors in North Texas since December, 2004 by providing personalized care and advanced technology on a beautiful campus.



HIGHLIGHTS

Baylor Scoliosis Center

Scoliosis, or curvature of the spine, affects 12 million people worldwide. Although scoliosis usually appears during adolescence, the condition can affect adults, and some of these adults, particularly women, may experience curve progression as they age.

The Baylor Scoliosis Center is the first center of its kind in the Dallas/Fort Worth Metroplex devoted to treatment, surgery and care of advanced spine curvature in adults and celebrates 5 years in service. The Center gives new hope to people living with the pain and disfigurement of scoliosis - even those who previously thought their condition was untreatable.

For more information on the Center or to view patient testimonials, visit TheBaylorScoliosisCenter.com or call (972) 985-2797.

Battling Obesity

For those who have unsuccessfully battled a serious weight problem, the Weight Loss Surgery Program at Baylor Plano offers a multidisciplinary approach to this struggle. Physicians, nurses, dietitians, psychologists, therapists, program and insurance coordinators offer support and guidance before, during and after a laparoscopic surgical procedure.

Baylor offers three FDA-approved procedures: laparoscopic Roux-en-Y gastric bypass (RYGB), gastric banding and sleeve gastrectomy, which reduce the size of the stomach and limit food intake.

The Baylor Plano Weight Loss Surgery Program has been designated a Center of Excellence by the American Society for Metabolic and Bariatric Surgery and a Blue Distinction Center for Bariatric SurgerySM by the Blue Cross and Blue Shield companies.

To register for a free educational seminar, call 1-800-4BAYLOR (422.9567).

Snoring: A Wake-Up Call for Sleeping Disorders?

Snoring may be a sign of sleep apnea, a condition that affects 4 percent of men and 2 percent of women in the United States. Sleep apnea is a risk factor for cardiac disease, high blood pressure and stroke, as well as auto accidents and poor work performance because patients are frequently fatigued. Treatment is available for this sleep disorder and other sleep conditions.

For more information about scheduling a sleep study, call (469) 814-2576.

Women's Services

Baylor Plano treats nearly all the health conditions a woman could face, except pregnancy-related issues. Health services include diagnosis and treatment for heart disease and stroke, diabetes, osteoporosis, skin conditions, cancer, senior care, and digital breast imaging.

Women also have access to two registered nurses to help patients navigate their way through the sea of services and resources available at Baylor Plano.

For a free breast cancer risk assessment or to arrange for an at-work educational seminar on a variety of topics, call (469) 814-6753.

Saturday mammography clinics are hosted for women who cannot schedule during the week. Call 1-800-4BAYLOR (422.9567) for an appointment.

Imaging services: Digital imaging services are now offered at two convenient locations: on the campus of Baylor Regional Medical Center at Plano and at Baylor Diagnostic Imaging Center at Craig Ranch, Baylor Plano's outpatient imaging center. Baylor Diagnostic Imaging Center at Craig Ranch is the only center in Texas to offer molecular breast imaging (MBI), used in conjunction with mammography for patients at an increased risk for breast cancer and those with dense breast tissue. Advanced digital imaging capabilities include MRI, CT, nuclear medicine, ultrasound and MBI. Interventional radiology procedures are performed in a bi-plane digital suite by board certified and fellowship trained interventional radiologists. Call 469-814-5500 to schedule an appointment.

Advanced Technology and Services

Since opening, Baylor Plano has added new services and technology, including minimally invasive procedures to help patients get back to their lives sooner.

Ablation of Barrett's Esophagus: This procedure is used to help treat Barrett's esophagus, a complication of gastroesophageal reflux disease, also known as GERD. This outpatient procedure is similar to an upper endoscopy procedure with the addition of a step to ablate the Barrett's tissue.

da Vinci® S Surgical System: Baylor Plano is the first hospital in north Dallas and Collin County to offer minimally invasive surgery through the FDA approved da Vinci® S Surgical System, a robotic platform designed to enable complex procedures through 1-2 cm incisions. Surgical applications include prostatectomy and gynecology. Potential patient benefits include shorter hospital stay, less pain, less risk of infection, less blood loss, fewer transfusions, less scarring, faster recovery and quicker return to normal daily activities.

Holmium Laser: This minimally invasive treatment to relieve enlarged prostate symptoms is intended to lessen the effects of transurethral resection of the prostate. With holmium laser therapy, many patients experience less pain and spend less time in the hospital than with typical procedures. In addition, many patients are able to begin regular activities within a week.

Radio Frequency Ablation: RFA is a minimally invasive technique that helps physicians destroy tumors by carefully burning them, sparing healthy tissue nearby. The technique utilizes a probe that emits radio-frequency waves from its tip, killing tissue immediately adjacent to it. RFA can be used to treat kidney, liver and bone tumors.

SpyGlass® Direct Visualization System: This advanced technology gives gastroenterologists the ability to literally look inside something as tiny as a bile duct – allowing better diagnoses of conditions like gallstones, suspected cancers, obstructions and cystic lesions.

Stryker® Navigation System: This system helps surgeons perform brain, spine and sinus surgeries more safely and effectively by improving the surgeon's vision throughout the procedure. Patients undergo either CT or MRI scans to map their anatomy and the area where the surgeons need to operate. During surgery, an infrared camera and tracking software help guide doctors as they operate by displaying an image of the surgical site on a large screen.

superDimension inReach™ system: This system builds a 3-D road map of your lungs, starting from a standard CT scan. Doctors can then plot a route that a set of catheters can follow to reach a lesion in the lungs, much like a GPS system for your lungs. With 360-degree steering and an electromagnetic sensor tracking its position, doctors can steer the catheters right to the lesion in question. They can then pass tiny surgical tools to the site via the catheter to take a biopsy for testing and diagnosis. The biopsy determines whether a nodule is cancerous, or caused by an infection. With these biopsy details, your doctor can better diagnose your lung disease and start you on the appropriate treatment program.

Specialty Services

- ACL injury prevention program
- Allergy
- Arthritis care
- Back to Golf program
- Barrett's Esophagus treatment
- Breast care
- Cardiology & cardiac surgery
- Colon-rectal surgery
- Dermatology
- Diabetes Management Program
- Emergency medicine
- ENT (Ear, Nose, Throat)
- Endocrinology
- Family medicine
- Gastroenterology
- General surgery
- Geriatric medicine
- Gynecology
- Gynecologic oncology
- Hematology
- Imaging services - Digital
- Infectious diseases
- Internal medicine
- Interventional radiology
- Molecular breast imaging
- Nephrology
- Neurology
- Neurosurgery
- Oncology
- Ophthalmology
- Oral, dental and maxillofacial surgery
- Orthopaedic surgery
- Pathology
- Pain management
- Physical medicine and rehabilitation
- Plastic surgery
- Podiatry
- Pulmonary medicine
- Radiology
- Radiation oncology
- Rheumatology
- Scoliosis surgery
- Sleep disorders
- Surgical oncology
- Thoracic surgery
- Urology surgery
- Urogynecology
- Vascular surgery
- Weight loss surgery
- Women's Imaging Center
- Women's Services
- Wound Care