



 **BAYLOR**  
University Medical Center  
at Dallas

 **BAYLOR**  
Jack and Jane Hamilton  
Heart and Vascular Hospital

*your* **50s**

**Baby Boomers say 50 is the new 40, and with good health, you can feel that way. As a woman in your 50s, your life is changing. New opportunities appear that can take your life in exciting new directions.**