The Headache Center is located on the 6th floor of the TC Terrell MD Tower (Building C, C6).

Call The Headache Center at Baylor Fort Worth at 817.922.3650. For more information or to find a physician, call 1-800-4BAYLOR, or visit BaylorHealth.com/AllSaintsHeadache

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The goal of The Headache Center is to provide diagnosis and treatment that helps people who experience severe headaches regain a quality of life.

Find the Solution to Your Pain

Migraines have affected people for centuries – from Julius Caesar and Thomas Jefferson to Vincent Van Gogh. Today, about 28 million Americans have migraine, according to the National Headache Foundation.

Migraines typically start during adolescence or the 20s, and peak through age 45.

The Headache Center at Baylor All Saints Medical Center at Fort Worth offers in-depth solutions for your headache pain. No matter what the degree of pain you experience, The Headache Center at Baylor Fort Worth provides a comprehensive and individualized medical approach. We focus on accurately diagnosing the cause of your pain and prescribing a treatment plan to help you achieve a better quality of life.

Comprehensive and Advanced Treatments

There is no reason to live with chronic headache pain. The Headache Center at Baylor Fort Worth provides a multidisciplinary team approach that includes neurologists on the medical staff at Baylor Fort Worth who have achieved fellowships in headache pain, as well as specialists in pain management, radiologists and staff trained in behavioral support. If needed, you also have access to numerous other specialists on the medical staff at Baylor Fort Worth.

Expanding Treatment Options

We currently offer outpatient treatment options and plan to expand services to meet the demand of patients in Fort Worth and surrounding communities.

For many people, finding out what triggers a headache or migraine can help to avoid or lessen the effects of headache symptoms. In most cases, however, medication is required to control headache pain. There are two categories of medical therapy: abortive and prophylactic.

- Trigger management
- Preventive or prophylactic medication therapy
- Abortive medication therapy
Chronic Daily Headaches

Chronic daily headaches occur frequently, usually more than 15 days per month. Chronic daily headaches present as long duration (more than four hours) or short duration (less than four hours).

Medication Overuse Headache

Medication overuse headaches, sometimes called rebound headaches, occur when people who experience migraine or tension headaches take too much analgesic or anti-migraine medication. When the effect of one dose wears off, the next headache occurs, followed by a vicious cycle of ever-increasing headaches and more frequent medication use.

The Headache Center at Baylor Fort Worth provides treatment for the full range of headache disorders, including:

**Migraine Headaches**

Migraines are a debilitating form of headache. This type of headache makes most people unable to function until the pain subsides. The pain of a migraine usually presents as a throbbing or pulsating, and can last for hours to days. People may also experience nausea, vomiting and sensitivity to light and sound.

**Status Migrainosus**

Status migrainosus is a rare, sustained and severe type of migraine headache. Lasting more than 72 hours, it often includes intense pain and nausea, and leads to hospitalization.

**Cluster Headaches**

These headaches occur in clusters, often for weeks to months at a time, and then disappear suddenly. Cluster headaches manifest as repeated, short-lasting attacks of excruciating, unilateral head pain of short duration. A cluster headache may be accompanied by redness or tearing of the eye and nasal congestion or runny nose. Often mistaken for sinus or migraine headaches, cluster headaches exhibit sharp, stabbing pain in or around the eye, temple, forehead or cheeks.

**Menstrual Migraine**

Menstrual migraine is a headache that occurs during the menstrual cycle. It can occur two days before and up to three days after the beginning of a woman’s period. Although the cause is unknown, changes in hormone levels may trigger menstrual migraine. The fall in estrogen levels that takes place just before the beginning of menses is the most likely causes.

**Women experience migraine more often than men at a ratio of 3:1.**
Who should come to The Headache Center

The Headache Center at Baylor Fort Worth may especially benefit:

- Patients who may need comprehensive services to address the multifunctional components of their headaches.
- Patients who have not responded to medications and have a history of recurring acute care needs or progressive persistent headache.
- Patients who have undergone multiple diagnostic and therapeutic interventions but whose diagnosis is uncertain or questionable.
- Patients who have had frequent emergency room visits, used hospital inpatient services excessively, overused different oral analgesics (including opiates) or those who have been treated repeatedly with intramuscular or intravenous medications.

Focused on Your Individual Needs

Alleviating your pain and restoring your ability to function is the primary objective of your treatment plan. Each patient receives a thorough assessment to help diagnosis the problem, followed by an individualized treatment plan.

When you make an appointment to visit The Headache Center at Baylor Fort Worth, you will receive a comprehensive questionnaire that must be completed and provided to our staff in advance of the initial visit. The questionnaire includes an in-depth evaluation of your medical history as well as a review of previous tests, hospitalization and treatments.

Stop Living with the Pain

Get relief for your headaches. Call The Headache Center at Baylor Fort Worth today at 817.922.3650. For more information or to schedule an initial evaluation with a physician on the medical staff, call 1.800.4BAYLOR or visit BaylorHealth.com/AllSaintsHeadache

Migraine runs in families, as 70% percent of sufferers are found to have a hereditary influence.

Facts about migraines are courtesy of the National Headache Foundation.