

# Hurt, Insulted, Threatened with Harm and Screamed (HITS) Domestic Violence Screening Tool

*Please read each of the following activities and place a check mark in the box that best indicates the frequency with which your partner acts in the way depicted.*

Date: \_\_\_\_\_

Age: \_\_\_\_\_

Sex: Male \_\_\_\_\_ Female \_\_\_\_\_

Ethnicity: Caucasian \_\_\_\_\_ Hispanic \_\_\_\_\_ African American \_\_\_\_\_ Asian \_\_\_\_\_ Indian \_\_\_\_\_

How often does your partner?	Never	Rarely	Sometimes	Fairly Often	Frequently
1. Physically hurt you					
2. Insult or talk down to you					
3. Threaten you with harm					
4. Scream or curse at you					
	1	2	3	4	5
Total Score:					

Each item is scored from 1-5. Range between 4-20. A score greater than 10 signify that you are at risk of domestic violence abuse, and should seek counseling or help from a domestic violence resource center such as the following:

**The Family Place Hotline**– 214.941.1991

**Genesis Women’s Shelter**– 214.389.7700; **Genesis Hotline**– 214.946.HELP (4357)

**Texas Council on Family Violence**– 800.525.1978

**National Domestic Violence Hotline**– 1.800.799.SAFE (7233)

For more information, call **1.800.4BAYLOR** or visit us online at [BaylorHealth.com/DallasTrauma](http://BaylorHealth.com/DallasTrauma).

