A GUIDE TO Surgery

BaylorScott&White
ALL SAINTS MEDICAL CENTER
FORT WORTH
Thank you for choosing Baylor Scott & White – Fort Worth for your surgery. In an effort to make your surgical experience as comfortable, easy and quick as possible, please review the information in this booklet.

**REGISTRATION & PRE-ADMISSION TESTING**

In the days prior to your surgical procedure at Baylor Scott & White – Fort Worth, you will likely need to visit the hospital for a pre-surgery appointment. Please allow two to three hours for this appointment. During this appointment, you will:

- Visit Registration/Admitting (located in Building A, 1st Floor, in the Main Lobby) to register for your procedure.
- Complete insurance paperwork and pay any co-pays or deductibles.
- Receive a “Speed Pass,” which will allow you to bypass the admitting process on the date of your surgery. If you receive a Speed Pass when you are pre-admitted, you will only need to stop by the Registration Desk for a minute so they can activate your account. Then you will proceed directly to the Day Surgery Unit.
- Have any pre-surgery tests your surgeon has requested such as lab/blood tests, EKGs, x-rays or other imaging procedures and tests.
- Meet with a member of our anesthesia staff if necessary.

During registration and pre-admission testing, please ask us any questions you have about our facility, your upcoming procedure, or the tests you are receiving.

**DAY OF SURGERY**

At Baylor Scott & White – Fort Worth, our most important goal is to provide patients with a safe surgical experience. Please note that throughout your stay, our staff will ask you many questions and often the same questions several times. This helps promote safe surgery and quality patient care. You are encouraged to ask questions and let us know if you have any concerns at any point during your stay at Baylor Scott & White – Fort Worth.
REMINDEERS

Consult your surgeon on whether it is okay to eat anything after midnight the day of your surgery.

• Take only the medications that you were instructed to take with a sip of water.

• If you have fever, vomiting, diarrhea, a rash, cold symptoms, or feel sick in any way, notify your surgeon prior to coming to the hospital. Your procedure may need to be rescheduled.

• Plan on having a family member or support person drive you to and from the hospital.

• Please leave any valuables such as jewelry at home.

• Remember to bring a photo ID and your insurance card.

ARRIVAL

Arrive at Baylor Scott & White – Fort Worth two hours before your scheduled surgery time, or earlier if your surgeon requests.

• You will enter the front entrance of the hospital and will see Starbucks to the right. Proceed to the right to the Admitting/Registration Desk on the right side of the hall.

• Give any paperwork that you were requested to bring to the staff at the Day Surgery desk. You may be given additional forms to complete.

• You will be taken to a room where a nurse will review your medical history, medications and start an IV.
HOLDING ROOM

Once your surgery and anesthesia care team are ready, you will be taken to the pre-op Holding Room for final preparations before your surgery begins. As a safety check, you may again be asked about your health history, to confirm the site of the surgery (surgical site marking may occur), and be asked other questions related to your procedure or health. One support person whom you select will be allowed to stay with you in the Holding Room. Visitors should be 12 years of age or older.

ABOUT YOUR ANESTHESIA

Either during your pre-admission testing appointment or shortly before your surgery, you will meet with a member of our anesthesia care team. During this meeting, please share your medical history, any medications, supplements or vitamins you take, and answer any other questions our anesthesia team member asks. Depending on the surgery, you will receive a certain type of anesthesia:

- Local
- Regional
- Spinal/epidural
- General
- Sedation

The anesthesia team member will explain which anesthesia you will receive, and its effects during and after the surgery. For 24 hours after regional, sedation or general anesthesia, you should not drive, operate machinery, make any important decisions or sign any legal documents, drink alcohol, or take any medications unless prescribed by your doctor.
IN THE OPERATING ROOM

Once you enter the operating room and are on the operating bed, the anesthesia team will administer the appropriate anesthesia for your procedure. If you receive general anesthesia or sedation, it will be given to you through your IV, and you will go to sleep.

After you receive anesthesia, the operating room staff will position you for your procedure, clean and prepare the skin at the site of the surgery, and apply drapes to surrounding areas to help prevent infection. Please note that the operating room is kept colder than normal room temperature also to help prevent infection. After preparing the surgical site, staff will cover you with blankets to keep you warm. Depending on the length of your procedure, an operating room nurse will call the waiting area to update your family or support person on your progress.

WAITING FOR A PATIENT

The main surgery waiting area is on the second floor of Building A. Your family member or support person should inform the waiting area volunteer that he or she is with you in order to receive updates from the operating room. Visitors may be given a pager so that they can be notified of updates on your status and possible delays.

Every patient’s family member or support person should report to and remain in the main waiting area until after your procedure has begun in case additional information is needed. After your procedure has begun, family and visitors should notify the volunteer desk if they are leaving the waiting area, and plan on returning before the scheduled end of the procedure.
RECOVERY

After surgery, an operating room nurse will call the waiting area with an update. The surgeon may also visit the waiting area to speak with family and visitors. There are several locations for recovery depending on your surgery.

- Most patients will first go to the Post Anesthesia Care Unit (PACU) for one to two hours to wake up from the anesthesia. (Note: to respect the privacy of other patients, only one visitor per patient is allowed in the PACU.)

- Some patients may go directly back to their room if they are staying overnight.

- Day surgery patients may go back to a room in the Day Surgery Unit before going home.

- Patients who need to be more closely monitored after surgery may go to the Intensive Care Unit (ICU) or Cardiovascular ICU.

One support person you select will be allowed a five-minute visit in the PACU once you are settled. Your nurse will call your support person in to visit when you are ready.

AFTER YOUR SURGICAL EXPERIENCE

Please don’t hesitate to contact your surgeon’s office or the hospital with any questions or concerns following your surgery. Expect a follow up call in the days after your procedure. This is another opportunity to ask questions and give us feedback on your surgical experience at Baylor Scott & White – Fort Worth. You may also receive a patient satisfaction survey. Please let us know how we did. We welcome your input.
Free parking is available in the garage at the corner of Magnolia and 8th Avenue. Valet parking is $5 or free if you are handicapped.

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For additional information, or for help in finding a physician, please call 1.800.4BAYLOR or visit us at BaylorHealth.com/AllSaints