**The M.D. Anderson Dysphagia Inventory**

This questionnaire asks for your views about your swallowing ability. This information will help us understand how you feel about swallowing.

The following statements have been made by people who have problems with their swallowing. Some of the statements may apply to you.

Please read each statement and circle the response which best reflects your experience in the past week.

My swallowing ability limits my day-to-day activities.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

E2. I am embarrassed by my eating habits.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

F1. People have difficulty cooking for me.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

P2. Swallowing is more difficult at the end of the day.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

E4. I am upset by my swallowing problem.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

P6. Swallowing takes great effort.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree

E5. I do not go out because of my swallowing problem.
- Strongly Agree
- Agree
- No Opinion
- Disagree
- Strongly Disagree
F5. My swallowing difficulty has caused me to lose income.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

P7. It takes me longer to eat because of my swallowing problem.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

P3. People ask me, “Why can’t you eat that?”
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

E3. Other people are irritated by my eating problem.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

P8. I cough when I try to drink liquids.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

F3. My swallowing problems limit my social and personal life.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

*F2. I feel free to go out to eat with my friends, neighbors, and relatives.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

P5. I limit my food intake because of my swallowing difficulty.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

P1. I cannot maintain my weight because of my swallowing problem.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

E6. I have low self-esteem because of my swallowing problem.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

P4. I feel that I am swallowing a huge amount of food.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

F4. I feel excluded because of my eating habits.
   Strongly Agree  Agree  No Opinion  Disagree  Strongly Disagree

Thank you for completing this questionnaire!