PROGRAMS & SERVICES

Baylor Institute for Rehabilitation Outpatient Services clinical team creates and/or implements individualized treatment plans to achieve each patient’s specific goals. Baylor Institute for Rehabilitation Outpatient Services is pleased to provide the following core programs and specialized services:

Core Programs:
• Physical
• Hand Therapy
• Occupational Therapy
• Low Back Rehabilitation

SPECIALIZED SERVICES
(varies by location)
• Aquatic Therapy
• Incontinence
• Lymphedema
• Osteoporosis
• Sports Performance
• TMJ Rehabilitation
• Vestibular Rehabilitation
• Sports/Orthopedic Injuries
• Speech Therapy
• WorkStrategies® Program
  (Work Injury Prevention & Management)

Due to the fact that driving is considered one of the most complex tasks that is performed on a daily basis and due to the very nature and extent of some disabilities, driving is not appropriate for every individual. No guarantee can be made that every patient will be successful in driving.

For more information about Baylor Institute for Rehabilitation Outpatient Services, please call 1.888.7BAYLOR or visit BaylorHealth.com/Rehab.

For more information about the Adaptive Driving Program or to schedule an appointment, please contact us at:
411 N. Washington Ave.
Suite 5000
Dallas, TX 75246
214.820.9225
214.820.9369 fax
BaylorHealth.com/Rehab

ADAPTIVE DRIVING PROGRAM
**ADAPTIVE DRIVING PROGRAM**

Mobility is an important factor in maximizing independence. At Baylor Institute for Rehabilitation, driver training is an extension of the rehabilitation process geared toward enhancing an individual’s functional independence. As one of the specialty programs offered through Baylor Rehab, patients are individually evaluated and trained by an Occupational Therapist.

The therapist is:
- Licensed by the Texas Department of Licensing and Regulation as a Certified Driving Instructor
- Credentialed as a Certified Driver Rehabilitation Specialist
- Knowledgeable in appropriate vehicle modification equipment and has expertise in behind-the-wheel training for persons with various medical conditions.

Evaluations and training are available for patients who may have:
- Spinal Cord Injury
- Stroke
- Traumatic Brain Injury
- Decreased Strength
- Amputation
- Normal Effect of the Aging Process
- Other Neuromuscular or Orthopedic Disabilities
- Congenital Disability

We currently have sedans with special adaptations available to accommodate each patient’s individual needs. Adaptations include, but are not limited to:
- Hand controls
- Steering attachments
- Left foot accelerator
- Extensions to secondary controls

**DRIVING EVALUATION**

The driving evaluation is a two (2) part evaluation consisting of a clinical pre-driving evaluation and a behind-the-wheel evaluation. A Driver’s License or Instruction Permit will be required to drive on public streets; however, it is not required for a parking-lot-only assessment. The evaluation will be scheduled after receipt of a physicians’ prescription and verification of the payment source.

**CLINICAL PRE-DRIVING EVALUATION**

The clinical pre-driving evaluation includes:
- General information
- Medical history
- Driving history
- Current status of driver’s license
- Current physical, visual, and cognitive status as they relate to driving

**BEHIND-THE-WHEEL EVALUATION**

The behind-the-wheel evaluation includes:
- Performing a series of maneuvers in either a parking lot or simple residential area.
- If the therapist determines it is appropriate, the evaluation would be progressed to additional settings, including the highway.
- If the patient is an inexperienced driver or if adaptive equipment is utilized, a parking-lot-only assessment will be done.
- Identifying appropriate adaptive equipment.
- At the conclusion, the patient will be given feedback as to his/her potential for driving and recommendations for additional behind-the-wheel training if indicated.

**FOLLOW-UP TRAINING**

If follow-up training is recommended, the number of hours will be estimated by the therapist. Since every individual and diagnosis is unique, the training is specific to the needs of the patient. If the need for adaptive equipment is identified, follow-up training will be recommended. A valid Driver’s License or Instruction Permit is required for follow-up training.

**DEPARTMENT OF PUBLIC SAFETY TESTING**

Department of Public Safety (DPS) and the Department of Health Services guidelines state that when there is a change in a person’s mental or physical condition that could affect his/her ability to operate a vehicle safely, they are responsible for informing the DPS and completing any required testing. The Adaptive Driving Program evaluation does not substitute for DPS testing.