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“HOME CARE FOR THE SURGICAL PATIENT”

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TOTAL JOINT REPLACEMENT

Baylor Rehab Home Health Services has a home-based total joint replacement program designed to work with patients recovering from:

- **Total Hip Replacement (THR):**
  Also known as Total Hip Arthroplasty, this reconstructive surgery is the replacement of a severely damaged hip with an artificial joint called a prosthesis. This corrective procedure is successful in reducing pain and increasing the quality of life.

- **Total Knee Replacement (TKR):**
  A surgical procedure in which an artificial joint—a prosthesis—is implanted to replace the bones of the knee. The upper portion of the joint is replaced with a metal component and the lower knee is replaced with a metal component. This surgery can be referred to as a Total Knee Arthroplasty.

The professional staff at Baylor Rehab Home Health Services are dedicated to returning every patient to a comfortable, pain-free lifestyle, as soon as possible.

SPECIALIZED THERAPY

Baylor Rehab Home Health Services offers post-operative joint replacement patients the convenience of providing physical therapy in the comfort of their own home. This rehabilitation program is designed so each patient receives physical therapy as often as your physician feels necessary upon discharge from the hospital setting. This level of care contributes to a positive surgical outcome.

BAYLOR REHAB HOME HEALTH SERVICES JOINT PROGRAMS

SERVICES AVAILABLE:

- Skilled services from a physical therapist, occupational therapist and/or nurse
- A home exercise program created by your orthopedic surgeon based on the type of total joint replacement you had and tailored to your needs

Baylor Rehab Home Health Services will individualize all physical therapy to assist you in having a successful surgical outcome. An on call staff member is available for concerns and questions, 7 days a week/24 hours a day.

HOW CAN BAYLOR REHAB HOME HEALTH SERVICES IMPROVE YOUR RECOVERY?

EXERCISE - The Primary Step to a Successful Recovery

A customized exercise program is designed to improve joint movement and increase safety in the home environment. Proper use of medical equipment and assistive devices will be reviewed according to individual needs.

MOBILITY - Essential to an Active Life

Our multi-disciplinary staff helps you through the post surgical process. We provide instruction on increasing muscle strength, decreasing swelling and stiffness, weight-bearing precautions and gait training.

PAIN MANAGEMENT - The Key to Active Participation During Rehab

Baylor Rehab Home Health Services staff will provide education to help decrease pain and improve your activities of daily living. Your physician and physical therapist will work with you to develop a plan consisting of prescribed medication and other modalities to assist in pain relief.

Pain inhibits your ability to fully participate in physical therapy. You can expect a course of 4-8 weeks for recovery.

EDUCATION - A Knowledgeable Patient is a Healthy Patient

It is critical for the patient to play an active role in the healing process. Baylor Rehab Home Health Services will guide and assist you in the recognition of post-operative complications. A successful recovery involves a well-informed patient.
Choosing a home care agency is a serious decision, and our responsibility to the patient is taken seriously. Choose carefully, choose Baylor Institute for Rehabilitation Home Health Services, the way home care should be.

Baylor Rehab Home Health Services has a nurse on call 24 hours a day, 7 days a week.

For more information about Baylor Institute for Rehabilitation Home Health Services, please call 972.691.3131 or visit us online at BaylorHealth.com/Rehab